## ABSTRACT

A liquid-cooled mold for a continuous casting of metals, including mold plates made of copper or a copper alloy, which are connected respectively to an adapter plate or a cooling-water tank by clamping bolts. The mold is characterized in that the clamping bolts are fastened to plateau pedestals which project in an island-like manner from the cooling arrangement side of the mold plate, which jut at least partially into a cooling arrangement gap formed between the mold plate and the adapter plate or the cooling-water tank, respectively, and have a streamlined shape adjusted to the flow direction of the cooling arrangement.